

The Infinite Mind Series Tapes

I1	Feed Your Head with Dr. Andy Weil	(4/20/98)
I2	Anxiety	(5/10/98)
I3	Body Clocks (Circadian Rhythms)	(5/24/98)
I4	Happiness and Maximizing the Flow in Your Life	(6/7/98)
I5	Meditation	(6/28/98)
I6	Prayer, The Mind and Healing -- Also Humor is the Best Medicine	(7/26/98)
I7	Suicide – Also, the Right to Die plus Children getting sick from TV Cartoons	(8/2/98)
I8	Life on the Edge – Addiction to Urgency = Stress (Research on Caffeine: New Kind of Biofeedback)	
&	<i>I8 AND I9 ON 1 TAPE</i>	(8/9/98)
I9	Forgiveness (Also are today’s kids more violent than ever?)	(8/17/98)
I10	Manic-Depressive Illness with New Discovery – Diet Change with Omega-3 Fatty Acids	(10/18/98)
I11	Grief	(11/23/98)
I12	Romance – Male-Female Communication	(11/29/98)
I13	Obsessive-Compulsive Disorder Also: Obsessing about Y2K	(1/17/99)
I14	Sigmund Freud; Psychoanalysis; and Impulse Control	(1/24/99)
I15	Pain	(2/22/99)
I16	How We Look – Self Image & Body Dysmorphic Disorder	(3/28/99)
I17	Importance of Sleep – Insomnia	(4/4/99)
I18	Creativity and its Link to Mental Illness	(4/11/99)
I19	Fears & Phobias: the difference & where fear resides in the brain and why nature put it there	(5/9/99)
I20	The Mind	(5/17/99)
I21	Post-Traumatic Stress Disorder (PTSD)	(5/17/99)
I22	Physical Diseases with Psychological Symptoms -- Depression, Bipolar disorder, and Psychosis, may be Diabetes, Multiple Sclerosis, and/or Thyroid problems	(6/27/99)
I23	Addiction – Your brain and your brain on drugs: why depressed people have trouble stopping smoking	(8/22/99)
I24	Menopause	(10/4/99)
I25	Suicide in Young People	(10/31/99)
I26	Borderline Personality Disorder	(11/21/99)
I27	CD - Infinite Mind Series Sampler – 15 tracks with Intro & Close	(1999)

DBSA Succasunna Lending Library Contents

I28	Holistic Remedies including herbs, magnets, vitamins, acupuncture, and music as a therapeutic tool	(1/23/00)
I29	Psychosis	(2/27/00)
I30	Stress	(3/5/00)
I31	Manic-Depressive Illness in Children	(3/12/00)
I32	Women and Mental Illness plus Lee Cohen, MD discusses pregnancy and medications	(9/17/00)
I33	The Bipolar Child Including Dr. Demetri Papolos	no date
I34	Art & Madness – creativity and mental illness	(2/25/01)
I35	Post Partum Depression and Psychosis	(8/19/01)
I36	Dysthymia	(9/2/01)
I37	Migraine	(12/16/01)
I38	Courage, Trauma, Anxiety, and Grief	(1/6/02)
I39	Attention Deficit Disorder in Children	(1/6/02)
I40	Psychoanalysis	(5/5/02)
I41	Mental Health and the Elderly	(5/26/02)
I42	Alzheimer's - Research Success Stories	(10/30/02)
I43	Weather & The Mind (SAD) Seasonal Affective Disorder including Norman Rosenthal, MD	no date
I44	Infinite Mind Series Update – latest in neuroscience & psychiatry with meds that work	(1/12/03)
	<ul style="list-style-type: none"> • The J. Timothy Hogan Foundation to Help People in Crisis and Pay for Mental Health Care • Simple Early Test for the Effectiveness of Antidepressants with Dr. Andrew Leuchter • Chemical Dependence & Mental Illness with Charles Curie • School Specifically Designed for Bipolar Children • Suicide Prevention with Dr. Ross Baldessarini • Autism Research with Dr. Fred Volkmar 	
I45	Schizoaffective Disorder	(3/28/04)
I46	An Educated Consumer	(Fall 2005)
I47	Hypomania	(3/06)
I48	The Music of The Infinite Mind Volumes 1-3 (with commentary)	
I49	includes the best musical performances from award-winning public radio series over past 8 years	
I50	including: Suzanne Vega, Jessye Norman, Laurie Berkner, Loudon Wainwright III, Dar Williams Judy Collins, Aimee Mann, Janice Ian, The Cowboy Junkies, The Roches, Carrie Newcomer, BR5-49, and the casts of the hit musicals <i>Avenue Q</i> , <i>Wicked</i> , and <i>Wonderful Town</i> .	

DBSA Morristown Area & DBSA Succasunna Speaker Tapes

M1	Sandra Johanson, Ph.D. = Mind-Body Connection	(3/30/94)
M2	James Cocores, M.D. = Mimickers in Psychiatry	(1/27/95)
M3	Robin Schwartz, Esq. (attorney specializing in disabilities) = Different Legal Issues	(6/25/97)
M4	Ivan Goldberg, M.D. 1) How to Tell if your Doctor is an Expert 2) How to Tell if Someone who Appears to be Unipolar is Really Bipolar (but has not had a Manic Episode Yet) 3) Ask the Doctor	(10/28/98)
M5	Bill Lichtenstein = Creator and Producer of Public Radio and Television Programs	(10/27/99)
M6	Margaret Molnar = The Recovery/Wellness Model Approach to Regaining Your Health – The Never Ending Pursuit of One’s Best	(12/12/01)
M7	Jeff Brandler = Strategies for Combating the Illness	(1/30/02)
M8	Lois Jessen, PhD = Drug Reactions Between Psychiatric and Non-Psychiatric Medications	(7/31/02)
M9	Catherine Bianchi, PhD = Post-Traumatic Stress Disorder - Treatment Approaches, Etc.	(9/25/02)
M10	Ivan Goldberg, MD 1) The Importance of Thyroid and Thyroid Testing 2) Placebos’ Effectiveness 3) Ask the Doctor	(11/13/02)
M11	Hilda Templeton, MD = Mood Disorders and Pregnancy Plus the Post-Partum Period	(2/26/03)
M12	Jeff Brandler = Family Issues	(3/26/03)
M13	Ted Lipman, MD = Treatment of Depressive/Bipolar Disorders in Children and Adolescents	(5/28/03)
M14	Marylou Selo = 7 Steps to Heaven – 7 Things that would make the Illness easier to Bear	(6/25/03)
M15	John McManamy = A Companion Called Fred: My Story of Denial, Acceptance, And Healing	(8/27/03)
M16	Jean Endicott, PhD = Special Issues for Women & Men including Pre-Menstrual Dysphoric Disorder	(9/24/03)

DBSA Succasunna Lending Library Contents

- M17 Ivan Goldberg, M.D. (11/12/03)
1) The Bipolar-Migraine Connection
2) Antipsychotics as Mood Stabilizers: a dangerous or useful practice?
3) Questions & Answers
- M18 Michael Giuliano, MD = Comorbid Conditions with Bipolar Disorder for Children & Adolescents (12/10/03)
- M19 PANEL – Returning to Work and Still Keeping your Benefits While Living with a Mood Disorder (2/25/04)
- M20 Nancy Block, MD = Observations on Managing Depression and Bipolar Illness (3/31/04)
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- S1 David Nathan, MD (1/11/04)
1) Straight Talk about Depression & Bipolar Disorder (basics)
2) Ask the Doctor
- S2 PANEL of Therapists – Different Modalities of Therapy (6/6/04)
1) Catherine Bianchi, PhD = Dynamic therapy & Children
2) Connie Seligman, LCSW = Trauma & EMDR
3) Craig Rich, LCSW = Cognitive Behavioral therapy & Substance abuse
4) Deborah Patrucker, LCSW = Journaling
5) Jill Celentano, LCSW, CASAC = Art

NY MDSG (Mood Disorders Support Group) Speaker Tapes

- N1 David Chowes = Stigma, Self-Perception& Disclosure (1/7/92)
- N2 Barbara Bartlik, MD = When Meds Hamper Sexuality: What Can You Do? Want to Beat Sexual
Dysfunction (4/7/01)
- N3 Charles Nemerhoff, MD = Remission is the Goal of Treatment of Mood Disorders (5/02)
- N4 Heidi Wehring, PharmD = Medications: Getting the Full Effect, Losing the Side Effects (11/03)

DBSA (previously NDMDA)
Annual Conference Tapes & Misc Tapes

C1	Kay Redfield Jamison, Ph.D. = Hope in the Prevention of Suicide	(10/3/99)
C2	Cheryl Buechner, PhD = Dual Diagnosis - Mood Disorders & Substance Abuse	(8/02)
C3	Karinne Greene, JD & Ana Smythe, MA = Getting the Most out of Talk Therapy	(8/02)
C4	Jamie Negron, SSA = Social Security Disability	(8/02)
C5	Remission is the Goal of Treatment of Depression – Charles Nemerhoff, MD	(8/02)
C6	Kay Redfield Jamison = Charting a Course	(8/15/03)
C7	Family Matters – William Callahan, Jr, MD and Neil Walker	(8/03)
C8	50 Minutes: Talk Therapy – Holly Swartz, MD	(8/04)
C9	Parenting a Child with Depression or Bipolar Disorder – Yvonne Emus & Julie Sabatino	(8/04)
C10	Workplace Wellness – Susan Goldberg	(8/04)
C11	Movement and Exercise – Robyn Cruz, PhD, ADTR	(8/04)
C12	Foods and Moods – Leslie Bonci, MPH, RD	(8/04)
C13	Advocacy in Action – Stephen Propst, MBA	(8/04)
C14	Washington Update – Gloria Pope and Larry Wermer	(8/04)

O1	Manic-Depression - Voices of an Illness narrated by Patty Duke
O2	Depression – Voices of an Illness with Rod Steiger

Depression Videos

VD1 – Treating Your Depression – Things you should know about taking your antidepressant medication (9 minutes) – Pfizer - Copyright 1998

VD2 - Life in Full Color - Overcoming Treatment-Resistant Depression
(14:20 minutes) – Eli Lilly Copyright 2002

VD3 - Time Life Medical-Depression (30 minutes) (2 copies)

VD4 – Real Questions Real Answers About Depression (25 minutes)
Eli Lilly Copyright 2004
Available on VHS and DVD

VD5 – Dead Blue – Surviving Depression with Mike Wallace (1 hour) HBO

VD6 – Woman to Woman - Finding Help for Depression
Hosted by Nancy Stafford (30 minutes) - NDMDA (DBSA) Copyright 1998

VD7 – Chronic Depression Series – Volume 1 – NDMDA (DBSA) Copyright 1998
Epidemiology by Myrna M. Weissman, Ph.D.
Course and Outcome by Martin B. Keller, MD

Chronic Depression Series – Volume 3 – NDMDA (DBSA) Copyright 1998
Psychosocial Treatments by James H. Kocsis, MD
Strategies and Tactics by A. John Rush, MD

Chronic Depression Series– Volume 4 – NDMDA (DBSA) Copyright 1998
Pharmacological Treatments by Lorrin M. Koran, MD
Positive Outcomes of Treatment by Ellen Frank, Ph.D.

Eight Leading Experts Answer The Five Most Common Questions About Chronic Depression -- NDMDA (DBSA) Copyright 1998

VD8 – Depression and Suicide on ABC News Nightline (12 minutes) March 2004
Governor Gordon Smith, Kay Redfield Jamison, and Mike Wallace

VD9 – Daughter of Suicide with Dempsey Rice
Women Make Movies (72 minutes) Copyright 1999

Note: Material = less recent, but good. Therefore, quality of “tape” may not be optimal.

VD10 – The Mind – Depression on NOVA (1 hour)

William Styron “Darkness Visible Case” (1 hour)

Clinical Depression; SAD; NIMH and NARSAD on Cutting Edge Medical
Report (15 minutes)

VD11 – Vagus Nerve Stimulation DVD – Copyright 2005

Goes with 2 books – “Portraits of Hope” and pamphlet

VD12 – When the Mind Causes Pain VHS –

short video on how pain can be symptom of depression

Bipolar Disorder Videos

VB1 – Dark Glasses & Kaleidoscopes – Living with Manic-Depression

(33 minutes) NDMDA (DBSA) Copyright 1997, 1999

VB2 - You are not alone in Learning to Live with Bipolar Disorder (18 minutes) NAMI

VB3 - I'm Bipolar (1 hour) - MTV in July 2002

VB4 – Judge Sol Wachtler's Story of Bipolar Disorder (1 hour) MDSG of NY

VB5 – Jane Pauley Out of the Blue on Dateline NBC (1hour) – September 1, 2004

Interviewed by Stone Phillips

VB6 – Explosive Children on The Oprah Winfrey Show (1 hour) Feb 18, 2000

With Demetri Papolos, MD and Janice Papolos co-authors of “ The Bipolar Child”

Bipolar Children on CBS – November 11, 2003

The Early Show (9 minutes)

Eye on America with Dan Rather at Eve News (4 mins)

Includes interviews with Drs. Janet Wozniak, John McLellan, Demetri Papolos, & Judith Lederman

VB7 – Educating and Nurturing the Bipolar Child by Janice Papolos

The Juvenile Bipolar Research Foundation (JBRF) – September 18, 2004

DVD requires \$15 deposit

VB8 – The Burgeoning Use of Anticonvulsant Drugs in the Treatment of Bipolar Spectrum Disorders (hour/minutes) Copyright April 2002

1) Diagnosis of Bipolar Spectrum Disorders

2) Current Status of Treatment of Bipolar Treatments of Bipolar Disorder

3) Second-generation Anticonvulsants

4) Questions & Answers

Hosted by Charles B. Nemerhoff, MD, PhD, Jeffrey S. Simon, MD, and Lauren B. Marangell, MD

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VB9 – Kay Redfield Jamison on Good Morning America (5 minutes)

Patty Duke Interview on 20/20 (25 minutes)

Patty Duke on Oprah Show (1 hour)

“Moods and Music” at Kennedy Center with music and history of composers with bipolar disorder (1 hour)

VB10 – Gary Goldsmith and, Marilyn Weiss (founders of NMDA/DBSA) on The Morning Show – their stories (10-15 minutes)

Gary Goldsmith & Marilyn Weiss on Good Morning America Show their stories (10-15 minutes) June 12, 1986

Four Lives – Portraits of Manic-Depression (1 hour?) NMDA (DBSA)

Miscellaneous Videos

V01 – Families Coping with Mental Illness (43 minutes) Mental Health
Education Project

10 people discuss having a relative with Schizophrenia or Bipolar Disorder

V02 - Partners in Recovery – Creating Successful Practitioner-Consumer Alliances (18
minutes)

V03 – Trauma (30 minutes) Galielo Productions – Copyright January 2004

V04 - Everyone Needs a Hand to Hold on To (People’s stories and information about
NDMDA – now DBSA) – Statistics, people, and name of organization are not current.
Hosted By: Walter Cronkite (18 minutes) NDMDA (DBSA) Copyright 1995
1 copy housed with Bonnie

V05 – Shadow Voices: Finding Hope in Mental Illness (1 hour documentary)
December 2006